

EGÉSZ ÉLETEN ÁT TARTÓ TANULÁS PROGRAM

COMENIUS

Beware-be aware-projekt: 2013-2015

Final report

The project dealt with certain risks that adolescents may face in every partner country concerning health and consumer habits. The main objective was to make them aware of the hazards of:

1. Sound pollution
2. Improper physical posture
3. Lack of knowledge about food labels
4. Misleading advertisements.

During the project we studied what harmful effects our students are exposed to, to what degree they are aware of these negative factors on their physical health, as well as the violation of their rights and what measures they can take to overcome this.

During the first year we concentrated on the health aspects of our project. These dealt with the noise pollution our students are exposed to and proper body posture. In the second year the project was focussed more on consumer habits, dealing with recognizing food labels and the effects of advertisements on consumers, as well as differentiating between „good” and „bad” advertisements.

The students prepared their projects in groups by conducting measurements, surveys and analysing the results. A portion of this work was carried out during school lessons in the subjects concerned with the topic, but another part of it was executed during extra curricular sessions. This was possible through the cooperation between the language, science and social science faculties. The results were uploaded onto the international homepage. During the exchange weeks, the students presented their projects via power point presentation (ppp) to the international group.

During the exchange weeks, the students lived with host families. They worked in thematical groups, where they shared, discussed and analysed their project results.

The aim of the overall project was through specific tasks to make our students aware of health problems they face and to become more consumer conscious. The students were also made aware of practices and problems in these fields among our foreign partners. Through the project work, students did not only become aware of the situation abroad, but we were also able to publish and view each others' results. As a result, we realized that these are not local problems, but global ones which require action. This allowed us to look for solutions together to some of the problems which face young people on a day to day basis and share this information, developing methods and awareness programmes to help the participants.

It is important to mention, that because the project was integrated into the curriculum, not only did the participants benefit from the results, but the whole school through being exposed to the lesson material. For example, when working on food labelling, whole classes worked on designing the pictograms. Another example was that the topic of proper posture was included in the P.E. lessons. These are just two examples how the project effected the school as a whole. As the common language for the project was English, both students and teachers were able to develop their language skills. The students' level of English improved and many of them have gone on to take, or are planning to take English language exams and take their school leaving exam in English earlier.

Another aim of the project was to develop students' communication skills, social skills, decision making ability, as well as teamwork capability through this communal group work. While working on the project, our students did not only become aware of the matters they were dealing with, but became more confident, open, tolerant, more active and they were happy to be working on this project and relished in their results, as well as the interaction with their foreign counterparts.

It is our belief that we succeeded in meeting our aims for the project and that it was very beneficial for all involved.

Teachers who helped in the organization and execution of the project were:

- C.Szabóné Kocsiczki Ilona (Head Teacher)
- Elekné Pálfai Andrea (German teacher and project coordinator in our school)
- Szabó Klára (History, Literature and Deputy Head Teacher)
- Styllianos Simiakis (English teacher)
- Takács Éva (art teacher)
- Damjanovitsné Eke Violetta (physics, maths & form teacher)
- Szabó Tünde (English teacher)
- Bedecs-Kanczler Eszter (English teacher)
- Szabó Péter (History teacher)
- Hermes Anita, Nagy László, Sánta István (P.E. teachers)